

Sacred Relationship, Sacred Sexuality

Workshop

Delhi, India

October 26 - 28, 2012

Most of us have a deep yearning in our hearts to experience a deep, loving, close intimate relationship with a Beloved.

Some of us may already be living it. Some may come close. Many of us may be in a relationship, but far from its promise of love and ecstasy. Many of us are still striving to attract this in our life. Probably most of us are still learning how to have this intimacy with ourselves. Our sexuality may be yearning for more depth, aliveness and connection. We may be eager to have guidance in how to achieve this.



What is Sacred Relationship?

It is where the Light and Adventure of Emotional Intimacy become a way of life and a committed practice, foremost for you and then with another.

What is Sacred Sexuality?

It is where the foundations of Emotional Intimacy and the Healing Power of Sexuality, lead you to meet in the Subtler and Sacred dimensions that your body and life energy can take you to, first with yourself and eventually with your partner. We explore what it means for Sex to take you to God.

Given India is the home of the rich, wise Tantra tradition, it is an honor to lead this workshop in the land of Sacred Sexuality's deep origins where we will integrate modern couples psychology and emotional intelligence teachings into a contemporary approach to the traditional Tantric path.

During the workshop, we will:

- Identify and bring healing to blockages of Emotional Intimacy
- Bring Understanding, Compassion and Acceptance to all the influences and occurrences that contribute to your Sexual Psychology
- Invite the Healing of any Sexual Taboos, Shaming and Violation that can block acceptance of the Purity and Beauty of your Sexual Energy
- Explore what Transparency and Radical Honesty are in Relationship and how they are integral to Sacred Relationship and to Sacred Sexuality
- Explore and feel the Subtle Energy Body and its relationship to Sexuality through Movement and Guided Exercises
- Learn what is the Art of Devotional and Surrendered Sexuality

Note: There will be no nudity or inappropriate touching during the workshop. This workshop is open to both individuals and couples. Confidentiality and safety will be assured.

Facilitators:



Cynthia Gonzalez is a Transpersonal Counselor with 30 years experience, working with couples and sexuality issues. She deeply believes that a Conscious Relationship is one of the most fulfilling spiritual paths there is. Cynthia is also a practitioner of several metaphysical healing modalities including Reiki, somatic bodywork and Art Therapy. She is a certified Holotropic Breathwork practitioner. She is a practitioner of the Art of Living for the last 10 years. She has lived and worked in the US, Latin America, Europe and for the last 14 years in Dubai. She worked at a week long camp for street children of Bangalore in 2004 which opened a regular contact with India ever since. She is understanding and knowledgeable of the different cultural and religious sensitivities around relationships and sexuality. For articles, a blog and mp3 audios on Conscious Relationship, please go to www.cynthagonzalez.com



Mahiema Anand is a documentary filmmaker, who also calls herself an explorer/seeker. She translates her journeys and varied divine experiences into her films, to provide inspiration and bring a difference to people's lives, just the way these special experiences did to hers! She firmly believes that filmmaking is a tool she has been gifted with; hence it becomes her responsibility to disseminate discerning knowledge to people through one of the most powerful tools of communication! Every journey into making of a film becomes 'one full life lived' for her. In her deep sense of gratitude, she wishes to offer the same grace she has received over the years to others, through increasing lecturing and teaching based on her deeply lived experiences. Mahiema has worked in the media world for more than 20 years, but found her true calling only about 8 years ago when she decided to stop chasing commercial work and let the universe decide what she should do. Ever since, she just does what falls into her lap! Her recent project is on 'Women and Spirituality' and what it means for a woman to be a renunciate in today's world. It is based on two such spiritualists who come from the US and UK, respectively, and live in humble environs in the Himalayas walking 'the path'. For more info on this project and Mahiema, go to: www.zonstacreation.com

When: Friday, Oct. 26, 7pm - Sunday, Oct. 28 at 5pm. Registration will be from 5-7pm on Friday.

Where: Zorba the Buddha, www.zorbathebuddhadelhi.blogspot.com, a serene residential retreat center, just outside of Delhi.

Fee for Residential Workshop:

16,500 INR (1100 AED) if paid before Sept. 30.

After Sept. 30, 18,000 INR (1200 AED).

Includes:

- Workshop
- Lodging Friday and Saturday nights
- Meals from Friday dinner to Sunday lunch

Fee for Workshop Only: (option for Indian residents only)

12,500 INR if paid before Sept. 30.

After Sept. 30, 14,000 INR

Includes:

- Workshop Friday, 7-9pm and Sat. & Sun., 9am-5pm
- Lunch both days

Enrollment:

Contact Cynthia in DUBAI at +971-50-754-6651 or cynthia@cynthagonzalez.com or contact

Mahiema Anand in DELHI at +91 9910166360 or at mahiema.anand@gmail.com.

Once enrolled and paid, you will receive a Pre-homework assignment to fill out, which will greatly enhance your experience of the workshop!

Cancellation Policy: Given the overseas travel of some of the facilitators and assistants, any cancellation before Sept. 30 will be 50% refundable. After Sept. 30, there will be no refund.